



Agnieszka Sut

is a certified facilitator and a methodologist Biodanza® Sistema Rolando Toro. She is also a founder and a director of first school of Biodanza® in Poland which is a part of the organization IBF (International Biodanza Federation).

Since 2001, when she first met Biodanza, Agnieszka has been in a self-development process and this year completes her degree in psychology at SWPS University of Social Sciences and Humanities in Warsaw.

Agnieszka is an experienced facilitator in running Biodanza workshops at work places and for seniors in nursing homes. She has specialization also in Biodanza® Voice, Music, Percussion instruments, Biodanza® for children and teenagers and Biodanza® in water.

Now she is focused on running Biodanza® School IBF in Poland, where she invites the best methodologists from all over the world to prepare future facilitators.

She travels between Poland and Italy where she's been living for over 20 years. Her life is about passion of teaching Biodanza which she does in Polish, Italian and English. This year she is going to finish her book about the method of prof. Rolando Toro and her life. She calls herself a dancer of life.

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